

DAP

DOMESTIC ABUSE PROJECT

IMPACT

REPORT

2022

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A LETTER FROM OUR **Executive Director**



Over the last year, in partnership with our incredible donors and sponsors, we have served 2,537 participants.

Our services focus on helping families attain safety and stability as well as giving them the opportunity to heal from the trauma of violence in their homes. It is an exciting time to be part of the domestic violence field, as our way of advocating, fostering change, and looking to the future is different than it was only two years ago.

Our ability to innovate is due to wonderful partnerships and support from our generous community, like you. We are so grateful to be able to be an organization serving on the leading edge of providing holistic care for our participants.

A significant challenge that we have faced over this last year is recruiting and retaining talent, particularly within our mental health positions. Simultaneously, accessing mental health services across the community is difficult, now more than ever, particularly for the BIPOC and LGBTQIA+ communities. Your support has allowed us to maintain accessible mental health services at the Domestic Abuse Project.

Our goal for the coming year is to continue to garner support from our community of donors and funders, and to increase our organization's infrastructure, salaries, and sustainability.

As 48% of our staff identify as survivors of domestic violence, providing resources to our team, so they can engage in their own wellness while providing healing to others, is paramount.

We are proud of our team's successes this year, which include amplifying participant voices, creating and piloting innovative programming, and continuing to break down isolation in domestic violence. We do this by building community for ourselves and our participants. Highlights from the last year of work include:

- 12 partnerships with community organizations.
- Listening sessions with folks in the community to make sure that our programming is trauma-informed.
- Culturally responsive programming for participants of color in our Victim Survivor and Intervention and Prevention Programs.
- TAY Program for transitioning age youth.

Thank you for being along with us on the journey. We are so grateful for your support!

Sincerely,

A handwritten signature in black ink that reads "Amirthini Keefe". The signature is fluid and cursive, with a long horizontal line extending to the right.

Amirthini Keefe,
Executive Director
Domestic Abuse Project

2,537

**PARTICIPANTS
SERVED IN 2022**

\$2,474,794

**FUNDS RAISED IN 2022
FROM GRANTS AND
INDIVIDUAL GIFTS**

OUR STORY So Far

Our Mission

Our mission is to build communities free from violence by providing holistic healing for every member of the family.

Our Goals

Overall, DAP's goal is to end the intergenerational cycles of violence by serving the whole family and addressing each member's individual needs.

What We Do

Domestic Abuse Project offers wraparound (crisis, mid-term, and long-range) services for families affected by domestic abuse.

Our Vision

DAP envisions a community free of domestic abuse where families experience healthy, safe and equal relationships.

Our History

The Domestic Abuse Project (DAP) was founded in 1979 in response to a Governor's Task Force Recommendation that additional services be added to the existing system of battered women's shelters in Minnesota. Since then, DAP has remained a leader in the domestic violence sector for over 40 years by emphasizing rigorous programmatic evaluation and analysis.

A FEW Statistics



90%

of our our intervention & prevention participants

DO NOT RE-OFFEND AGAIN WITHIN A YEAR

of completing DAP programming

97%

of our victim survivors & youth participants

feel confident

KEEPING THEMSELVES SAFE

after leaving

DAP

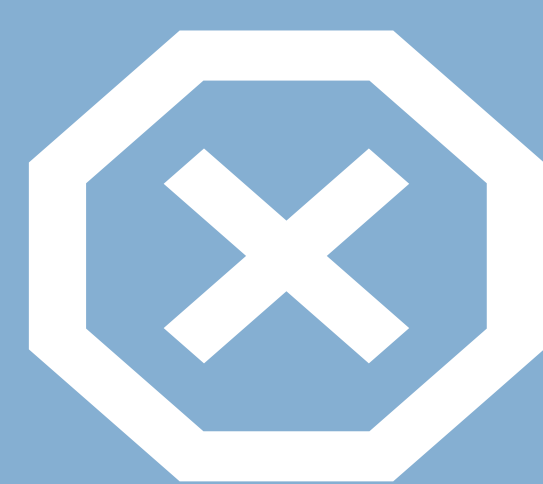
94%

of our victim survivors

FEEL MORE RESILIENT

after attending

DAP



96%

of our participants

CREATE A VIOLENCE PREVENTION PLAN

in our 24-session

INTERVENTION & PREVENTION GROUP

OUR TOP Services

1 Victim Survivor Program

Through the Victim Survivor Program, DAP supports victims/survivors of abuse in order to reduce the trauma symptoms associated with experiencing domestic abuse, and help victim/survivors gain self-sufficiency.

80% of victim survivors who go through our program report a reduction in isolation and an increase in self-sufficiency.

3 Youth Program

Through the Youth Program, DAP supports child witnesses in understanding that fighting in families is not their fault and supports transitional age youth who use violence in learning healthy ways of connecting with family members and in intimate relationships.

95% of our youth report feelings of resilience after completing our programming.

5 Advocacy

The goal of the Advocacy Program is to assist domestic abuse victims/survivors in navigating the complicated legal and social service system during times of crisis in order to find safety. We served 260 participants in 2022 through our advocacy program.

2 Intervention Prevention Program

Through the Intervention Prevention Program, DAP assists individuals who use violence to identify their abusive behavior, and put into practice new, healthy strategies for addressing stress and conflict in relationships.

90% of participants do not re-offend within one year of completing our programming.

4 Case Management

In our Case Management program, our goal is to reduce the barriers clients face to long-term stability, such as employment, housing, and childcare.

90% of our clients meet a goal identified during intake related to access to housing, employment, health insurance, etc.

6 Crisis Hotline

First Call is a confidential, person-centered call line for our participants seeking support. It is the first step to entering DAP's therapy, advocacy, and case management programs. We serve 1,639 participants a year through our First Call phone line.

OUR 2023 Strategy

Domestic Abuse Project, long respected for its programs and services, has made many changes to support the stability and growth of its programs over the last four years, guided by our previous strategic plan. The pillars outlined below describe the organization's priorities for the next three years where we continue to focus on deepening the quality of our services to meet the needs of the diverse population that we serve.

DAP's key strategic pillars sit at the intersection of community trends and needs, our core competencies, and our commitment to act. The 2021 - 2024 Strategic Plan will focus on the following strategic pillars and significant accomplishments including:

Pillars	Details	Outcome
Operationalizing Equity	DAP is committed to being an anti-racist and equitable organization.	We will engage in personal reflection and equitable action to dismantle systems of white supremacy.
Transformational Care	DAP is rooted in community and is co-created with clients, partners, and stakeholders that represent the communities that we serve.	We will provide services to our clients that reflect and include Indigenous healing practices to ensure holistic healing of the mind, body, and spirit on both an individual and community level.
Financial Sustainability	Building our financial sustainability confirms that we cannot only provide these essential services to members of our community but we can do so in a way that attends to health, wellness, sustainability, and retention of our team.	Financial strength ensures DAP can continue to provide meaningful services to families, in order to permanently break the cycle of violence.

THE NEED SINCE THE **COVID-19 Pandemic**

DAP was established as a model treatment program for men who use abuse, and their partners and children. Over the years, DAP built an effective therapy, advocacy, and a case management program, continually evolving with community need and current research on violence and trauma. We seek to integrate our clients' voice and feedback into our programming to ensure we are responsive to our community's needs and we are staying true to our mission to promote safe and healthy family relationships by stopping domestic violence as it occurs and working to prevent it in the future.

37%

increase in need for
victim survivors since
the onset of the
pandemic

68%

of our participants
identify as female

60%

of the participants
we serve identify as
Black, Indigenous, or
People of Color

Here are a few other noteworthy pieces of information regarding our programming:

- **Since the onset of the pandemic, we have had 244 victim survivors of domestic violence who were either referred out or wait listed at DAP as we were unable to meet their immediate request for services.**
- **14% of our participants have some form of disability.**
- **7% of our participants identify as LGBTQIA+.**

We provide holistic care to all members of the family impacted by domestic violence including children, victim/survivors, and those who use harm of all ages.

THANK YOU DAP Community

Community Partners:

Cornerstone
CLUES
Alexandra House
Eastside Neighborhood Services
Minneapolis American Indian Center
OutFront
The Family Partnership
Corner House
Father's Project
North Point
Tubman
Casa de Esperanza
Kente Circle
Asian Women United
SEWA
Hennepin County Juvenile Probation (TAY
Unit)
Center for Court Innovation

Foundation Partners:

Butler Family Foundation
Otto Bremmer Foundation
Love Conquers Violence
Richard Schulz Family Foundation Beim
Foundation
Edward Bazinet Foundation Sandacastle
Foundation
Minnesota State Bar Foundation nVent
Foundation



My name is Sloane Kohnstamm and I am DAP's new Director of Advancement and Communications. If you are interested in continuing your support to DAP or including us in your year-end giving, please feel free to reach out to me at 612-383-2330 or skohnstamm@mndap.org. I would love to have a conversation with you about how we could partner to bring further healing to families in need.

Domestic Abuse Project, Inc.

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Corporate Sponsors:



The relationship company



Kelly Vossberg and Dave Murphy



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VIOLENCE

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PERKINS FOUNDATION



**We Thank You For Your
Continued Support!**